Paraíso

Rest 19.95

MENU

“Grandmother’s cuisine made by her grandson.”

At Paraíso Restaurante 19.95, we celebrate the memory of flavour and the joy of sharing around the table. Our cuisine is born from grandmother's recipes, slow gestures, and the perfect timing of things made with care, now reinterpreted with a contemporary approach that respects the essence and honours tradition.

Located in an old historic building full of character, our space has been carefully reinvented to preserve the soul of its walls and create a welcoming atmosphere where the past and present come together.

COUVERT

Bread	2,00€
Tuna pâté	3,00€
Soup of the day	3,50€
Couvert bread and trilogy of butters	4,00€

STARTERS & SHARING TAPAS

Fish soup	4,60€
Ossobuco croquettes	6,00€
Toasted rustic bread with cured pork shank and Serra cheese	6,50€
Alheira sausage with turnip greens and pineapple	6,50€
Low-temperature egg with asparagus and mushrooms	6,50€
Gratinated Portobello stuffed with alheira sausage	6,90€
Gratinated Portobello stuffed with vegetables	6,90€
Broken eggs with cured ham	7,90€
Caesar salad	8,20€
Broken eggs with codfish	11,40€
Crispy prawns with sriracha sauce	12,00€
Octopus carpaccio with rocket leaves and anchovy mayonnaise	14,50€

MEAT DISHES

Grilled steak 19,50€
one side dish included

Duck magret 20,00€
with asparagus risotto

Pork cheek 21,50€
with sweet potato purée

Beef loin Francesinha 22,00€
with Rustic French Fries

Beef loin 28,00€
with polenta

Tomahawk steak (for 2) 59,00€
one side dish included

FISH DISHES

Prawn tagliatelle 17,00€

Bacalhau à Brás 18,00€
with fried egg on top

Monkfish risotto 22,00€
with prawns and saffron

Codfish “Lagareiro style” 23,50€

Octopus “Lagareiro style” 24,50€

Fish stew rice (for 2) 35,00€

Rest 19.95

VEGETARIAN

Tagliatelle 14,00€
with pesto sauce, cherry
tomatoes and burrata cheese

Mushroom risotto 16,00€

SIDE DISHES

Mixed salad 3,50€

Roasted sweet potato purée 3,50€

Rustic fries 4,50€

Sautéed vegetables 4,50€

Bean rice 5,50€

EXECUTIVE MENU

Couvert + Soup + Main Course 14,00€
Drink, dessert and coffee not included

*Available from Tuesday to Friday at lunchtime, except on festive dates and public holidays.

As nossas sobremesas são o final doce de uma história passada entre gerações. Inspiradas na doçaria tradicional e reinterpretadas com equilíbrio e sensibilidade, são preparadas com cuidado, ingredientes de qualidade e respeito pelo sabor original.

Cada sobremesa convida à partilha e prolonga o tempo à mesa, onde textura, sabor e apresentação se unem para criar uma experiência simples, sincera e memorável.

DESSERTS

Sliced fresh fruit	4,50€
Burnt custard cream	5,00€
Deconstructed pavlova with artisanal sparkling wine ice cream	6,00€
Sweet egg crisp with coffee ice cream	7,00€
Moist chocolate cake	8,00€
Abade pudding with tangerine ice cream	8,00€
Tiramisu	8,50€

Rest 19.95

FOR YOU

At Paraíso Restaurante 19.95, your comfort and well-being come first. If you have any dietary restrictions, allergies, or preferences, please inform our team. We will be happy to adapt your request while ensuring quality and flavour.

Please do not hesitate to speak with us!


Gluten


Eggs


Dairy


Nuts


Fish


Crustaceans


Molluscs

Here, cooking is an act of affection; time slows down, flavours tell stories, and every meal becomes a moment of comfort, sharing, and memories.

Paraíso 19.95 reserves the right to apply a service fee of €2.50 per person for birthday/celebration cakes brought in by customers.

We also reserve the right to charge a corkage fee of €10.00 per bottle for beverages brought from outside.

Takeaway packaging: €1.50 per unit.



Follow us on instagram @paraiso19.95